

# Give in Lent Calendar

Donate food for the 40 days of Lent. Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here: [chesterfield.foodbank.org.uk](http://chesterfield.foodbank.org.uk)

5 March

Tinned fruit <b>1</b>	UHT milk <b>2</b>	Squash <b>3</b>	Long life sponge pudding <b>4</b>
Jam <b>5</b>	Biscuits <b>6</b>	Soup <b>7</b>	Tinned fish <b>8</b>
Rice <b>9</b>	Coffee (instant) <b>10</b>	Cooking sauce <b>11</b>	Cereal <b>12</b>
UHT milk <b>13</b>	Tinned tomatoes <b>14</b>	Toilet roll <b>15</b>	Tinned vegetables <b>16</b>
Custard <b>17</b>	Long life fruit juice <b>18</b>	Deodorant <b>19</b>	Tinned meat <b>20</b>
Chocolate bars <b>21</b>	Crackers <b>22</b>	Shower gel <b>23</b>	Lentils <b>24</b>
Instant mashed potato <b>25</b>	Angel Delight <b>26</b>	Nappies <b>27</b>	Custard <b>28</b>
Crisps <b>29</b>	Washing up liquid <b>30</b>	Laundry detergent <b>31</b>	Tinned meat pie <b>32</b>
Toothpaste <b>33</b>	Peanut butter <b>34</b>	Tinned tomatoes <b>35</b>	Shampoo <b>36</b>
Tinned vegetables <b>37</b>	Tinned potatoes <b>38</b>	Coffee (instant) <b>39</b>	Tinned meat pie <b>40</b>

17 April

**07529 224996** Thank you for your support  
[chesterfield.foodbank.org.uk](http://chesterfield.foodbank.org.uk)

Registered Charity Number: 1174426 | Registered in England & Wales

Please deliver food donations to:  
Unit 3, Carrwood Road Ind. Est.  
Carrwood Road, S41 9QB  
Tue, Thur, Fri 9am-12pm